


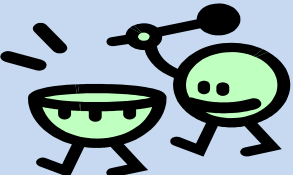









# hope springs program time table



| Monday  | Tuesday | Wednesday  | Thursday   | Friday   |
|---|---------|--|--|--|
| <p><b>10am-12noon</b><br/><b><u>Open Canvas Art Group</u></b><br/><i>Artistic expression: good for the spirit</i></p> <p>Meets at: 21 Arden Crescent -<br/>Uniting Church Rosanna</p>    |         | <p><b>10.30am – 12.30pm</b><br/><b><u>What Women Want</u></b><br/><i>A hope springs activity and support program for women (see flyer for current activities).</i></p> <p>Contact: Krysta 9459 8859<br/>Meets at: 105 Edwin Street,<br/>Heidelberg Heights</p>    | <p><b>3.30pm</b><br/><b><u>Worship on Thursdays</u></b><br/><i>A Christian way of sharing in the recovery from illness</i></p> <p>Meets at:<br/>105 Edwin Street, Heidelberg<br/>Heights</p>    | <p><b>10am</b><br/><b><u>Springboard Outing</u></b><br/><i>Activity and support program. Go to interesting places, make friends, expand your horizons!</i></p> <p>Meets <b>fortnightly</b> 10am at The<br/>Sycamore Tree coffee shop<br/>185 Burgundy St Heidelberg</p> <p><i>(see flyer for current activities)</i></p> |
| <p><b>1.30pm – 3.30pm</b><br/><b><u>Marimba and Percussion Music Group</u></b><br/><i>Having fun playing music in a group. No music background necessary.</i></p> <p>Meets at: 105 Edwin Street,<br/>Heidelberg Heights</p>  |         | <p><b>1.30pm – 4pm</b><br/><b><u>DROP-IN at West Heidelberg</u></b><br/><i>For a game of pool, a chat, music, have a coffee or two, maybe some BBQ snags or sausage rolls, do whatever you like!</i></p> <p>Meets at:<br/>105 Edwin Street, Heidelberg<br/>Heights</p>   | <p><b>7.30pm</b><br/><b><u>Eltham Carer Support Group</u></b><br/><i>Support, information, new skills, friendship</i></p> <p><b>2nd</b> Thursday of each month at<br/>Eltham Uniting Church: Cnr<br/>Main Road and John St Eltham<br/>Contact: Jan Gill 9434 7642.</p>  |     |